

ORLANDO CABALLES RIMANDO

**Nursing Instructor, CPR Instructor & Hospital Training Supervisor
at the Al Maarefa College for Science & Technology**

OBJECTIVES

- Seeking to apply, facilitate and provide knowledge, skills and expertise in Nursing and Allied health education, mainly in the laboratory (Skills Lab) and/or hospital setting (Hands on Training with actual Patients or training simulator and equipments).
- Other goals/responsibilities include assisting in assessment, planning, structuring and implementing of nursing curriculum in an educational institution or hospital training department and modifying clinical learning activities.
- Supervise students in practicum and coordinate with the hospitals and other health institutions providing training to student in nursing or other health fields related to patient/client care.
- Minor Responsibilities include Training Laboratory inventory, supplies procurement (re-stocking) and equipment maintenance, disinfection and assembly.

POSITION APPLIED: Nursing Instructor/Allied Health Instructor/Supervisor

CONTACT INFORMATION

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Country: Riyadh, Saudi Arabia
P.O. Box: 71666, Riyadh
Zip/Postal code: 11597

PERSONAL INFORMATION

Birth Date: 22 May 1973 (Age: 40)
Nationality: Philippines
Marital Status: Married
Number of Dependents: 3

EDUCATION

Bachelor of Science in Nursing

Year: June 1990 – March 1994
University of Perpetual Help Delta System
Pamplona, Las Piñas, Metro Manila, Philippines

High School – Business

Year: June 1986 – March 1990
Perpetual Help College of Rizal
Pamplona, Las Piñas, Metro Manila, Philippines

Elementary School

Year: June 1980 – March 1986
BF Homes School
Almanza, Las Piñas, Metro Manila, Philippines

CERTIFICATIONS

Passed the Comprehensive Nurse Licensure Examination given by the **Professional Regulation Commission** in Manila, Philippines
May 08 and 15, 1994
License Number: **0257602**

Passed the Nurse Licensure Examination (Prometric) given by the **Saudi Commission for Health Specialties** in Riyadh, Kingdom of Saudi Arabia.
July 14, 2010
License Number: **10-R-N-0337523**

WORK EXPERIENCE

Technical Institute for Health Training, Riyadh and Abha
Kingdom of Saudi Arabia
June 28, 2002 – September 30, 2013 (11 years 3 months)

- Nursing Instructor/Health Care Assistant Instructor/EMT
- Hospital Training Supervisor
- BCLS and ACLS Certified Instructor/Provider

1. Nursing/Health Care Assistant Instructor

- Teach students foundations of nursing skills in the laboratory or hospital setting, utilizing:
 - a. Demonstration – Return demonstration style of facilitating competency.
 - b. Watch and Learn Videos
 - c. PowerPoint slides
 - d. Worksheets and Hospital Documentations
- Some of the specific Nursing skills taught include:
 - a. Infection Control & Universal Precaution
 - b. Medical and Surgical Aseptic techniques
 - c. Bedside care – e.g. Morning care, Hygiene & Bed Making
 - d. Feeding: NG Tube
 - e. Elimination: Catheter Care, Enema
 - f. Obtaining Lab Samples: Blood, Urine & Stool
 - g. Basic Assessment skills: Vital signs and Patient Assessment
 - h. Medication Administration/IV Therapy/Oxygen therapy
 - i. Case Studies/Medical terminology

2. Hospital Training Supervisor

- Assist student with hospital registration and transition from classroom to clinical area.
- Orient student trainees before actual hospital exposure, covering everything from course schedule and syllabus, grading system, uniform, clinical tools, grooming, policies and scope of practice.
- Supervise student trainees in hospital and/or on the job related learning experience while providing safe and effective nursing care.

- Assess, Report and Evaluate student activities in laboratory/practicum/hospital setting.
- Record and report attendances and tardiness.
- Follow hospital protocols and policies based on students level of competence and adhering to scope of practice.
- Evaluate training facility/hospital staff cooperation/professional relationship with students.

3. **BLS/ACLS Instructor/Provider**

- Basic First Aid
- Basic Airway Management
- Adult, Child and Infant One and Two Rescue CPR
- Adult Child and Infant FBAO/Choking Management
- Use of AED (Automated External Defibrillator)
- AHA/SHA Adult and Pediatric Chain of Survival
- Advanced Airway Management
- Intravenous/Intraosseous Fluid Administration
- Megacode
- ECG Interpretation and Dysrhythmia Management
- ACLS Pharmacology

SKILLS

- Computer literate (MS Office – Word, PowerPoint & OneNote)
- Excellent Interpersonal Communication skills
- Excellent Writing and Office Correspondence skills

TRAININGS/SEMINARS/SYMPOSIUMS ATTENDED

1. Trauma Conference: "6th International Trauma and Emergency Medicine" provided for by Saudi German Hospital
April 24 to 26, 2013
2. Nursing Workshop: "Health Institutes Education Future Accomplishments" provided for by Saudi Commission for Health Specialties
May 04, 2011
3. Users Training on: "Cardio Pulmonary Resuscitation (CPR) Portal for Training Center Users"
Provided for by Saudi Heart Association CPR Portal Program
April 30, 2011 and May 02, 2011

CHARACTER REFERENCES:

Mr. Fahad Al-Zamil

General Manager
Technical Institute for Health Training
Riyadh, Saudi Arabia

Mr. Mohammed Al Bukairi

Consultant/Manager
Technical Institute for Health Training
Riyadh, Saudi Arabia

Dr. Hamdi Abdul Bari

EMT Instructor/Lecturer & BLS/ACLS Instructor
Technical Institute for Health Training
Riyadh, Saudi Arabia